**Book**: *Noel the First:*

Questions:

**Before reading:**

*Have you ever been in a situation where someone is just a natural? In sports, in art, in music or in academics, how do naturals make you feel?*

*Do you think that there is a danger to being a natural? Are you a natural? How did you feel when the natural turner was praised so enthusiastically?*

*How did you feel if you were the natural? Did you ever have a teacher who treated certain kids as naturals who could do no wrong? Are their teachers who make kids feel like an “L”?*

**During reading:**

*After Ann Marie says it is her first time doing ballet, why does Noel have such a hard time doing anything right in class?*

***Why do you think Ann Marie lied to Noel about never doing ballet before?***

*Do you know anyone who has ever lied about how much effort that they have put into something? (For instance, studying for a test)*

*Why do you think that they do that?*

*How did the Madam treat Noel when the story begins and she is the first on bar as compared to when she was third on bar?*

*How did Noel react to not being first? As in the story, do teachers and coaches create the idea that certain kids have it and others don’t? How does it make you feel when you know that you are not first on the bar?*

**End of the Book**

*In the end of the story, Noel seems to forget about everything and dances well. Why does that happen?*

*Why do the other girls dance the way they did when Noel dances so well?*

*What is the lesson for all of us?*

**After book**:

*What is the difference between a performance goal and a mastery goal?*

***TEACH FOR THE KAHOOT CHALLENGE:***

**Performance Goal**

* **The Only That Matters is the End Result**
* **Getting an A is more important than learning**
* **Winning the game is more important than playing the game well**
* **The only thing that matters is the END PERFORMANCE.**

**Mastery Goal**

* **The result does not matter as much as the mastering the task**
* **Learning is more important than Getting an A.**
* **Playing the game well is more important than winning the game.**
* **The only thing is our goal is MASTERY of the skill.**

**ARE YOU A NATURAL OR A WORKER?**

*Dangers of Being a Natural*

* ***Tend to plateau, peak early and level off in performance***
* ***May take coaching or mentoring as criticism of their natural ability***
* ***Avoid more competitive challenges as not doing as well may mean their ability is not natural***
* ***Be jealous of the success of others as that threatens their place as the natural.***
* ***May see work as something not needed for those truly and naturally talented***
* ***Naturals may see setbacks as totally rejecting their natural ability and quit after discovering talents are natural and inborn.***
* ***For those believing that they are not naturals, they may come to see effort as meaningless.***

*Benefits of Being a Growth Mindset—Being a Worker*

* ***Tend to continue to rise as naturals plateau early.***
* ***Welcome coaching or mentoring as helpful direction in guiding their work efforts***
* ***Welcome more competitive challenges as this may bring out the best of their efforts***
* ***Learn from the success of others as the success of others can motivate, inspire and instruct them***
* ***See work as something that is the truly key to success***
* ***For those believing that effort trumps ability, they will keep working even after major setbacks.***